

Per 100 g.		
Calories	339	kcal
Moisture	9.0	g
Total Fat	1.9	g
Saturated	0.4	g
Mono Fat	0	g
Poly Fat	0	g
Trans Fat	0	g
Unsaturated	1.05	g
Cholesterol	0	mg
Sodium	39	mg
Total Carbohydrates	75.0	g
Complex Carbohydrates	-	g
Fiber	12.6	g
Sugars	1.0	g
Protein	10.7	g
Ash	1.7	g
Vitamin A	8.9	IU
Vitamin B	0	mg
Vitamin C	250	mg
Vitamin D	0	mg
Vitamin E	0	mg
Vitamin K	0	mcg
Calcium	33.5	mg
Iron	5.3	mg
Magnesium	0	mg
Potassium	429.13	mg
Other (e.g., ethanol)	0	g