



Per 100 g.		
Calories	339	kcal
Moisture	9.0	g
Total Fat	1.97	g
Saturated	0.4	g
Mono Fat	0	g
Poly Fat	0	g
Trans Fat	0	g
Unsaturated	0.98	g
Cholesterol	0	mg
Sodium	168	mg
Total Carbohydrates	74.99	g
Complex Carbohydrates		g
Fiber	12.43	g
Sugars	0.67	g
Added Sugar	0	g
Protein	10.8	g
Ash	1.51	g
Vitamin A	8.75	IU
Vitamin B	0	mg
Vitamin C	0	mg
Vitamin D	0	mg
Vitamin E	0	mg
Vitamin K	0	mcg
Calcium	33.57	mg
Iron	5.25	mg
Magnesium	0	mg
Potassium	423	mg
Other (e.g., ethanol)	0	g