

Per 100 g.		
Calories	340	kcal
Total Fat	2.1	g
Saturated	0.4	g
Unsaturated	0	g
Cholesterol	0	g
Total Carbohydrates	72	g
Fiber	13	g
Sugars	1.5	g
Added Sugar	0	g
Protein	12.9	g
Moisture	2.8	g
Ash	2.4	g
Vitamin A	0	IU
Vitamin B	0	mg
Vitamin C	499	mg
Vitamin D	0	mg
Vitamin E	0	mg
Vitamin K	0	mcg
Calcium	32	mg
Iron	5	mg
Magnesium	0	mg
Potassium	0	mg
Sodium	480	mg
Other (e.g., ethanol)	0	g